# **VEGEt Cowork - Eat better meals every day**

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### **DAILY MENU 8. 12. - 12. 12.**

#### **MONDAY**

#soup

Curry soup with soy meat, vegetables, and coconut milk (5, 6, 8, 9, 12)

#main dishes

Salad with smoked tofu, apples, broccoli, chili and lemon dressing (6, 11, 12)

Baked mushrooms with herb cream

Spaghetti Carbonara sprinkled with mozzarella and parsley (1a, 6, 9)

Chilli with pea protein cubes, beans, coriander, and cumin (9)

Cabbage patties with garlic dip (1a)

#side dishes

Roasted grenaille with onions

Steamed rice

#dessert

Pancakes with fruit preserve (1a, 12)

#### **TUESDAY**

#soup

Curry soup with soy meat, vegetables, and coconut milk (5, 6, 8, 9, 12)

#main dishes

Salad with smoked tofu, apples, broccoli, chili and lemon dressing (6, 11, 12)

Baked mushrooms with herb cream

Spaghetti Carbonara sprinkled with mozzarella and parsley (1a, 6, 9)

Chilli with pea protein cubes, beans, coriander, and cumin (9)

Cabbage patties with garlic dip (1a)

#side dishes

Roasted grenaille with onions

Steamed rice

#dessert

Pancakes with fruit preserve (1a, 12)

#### **WEDNESDAY**

VEGET CLOSED UNTIL 11:00 AM. OPEN FOR LUNCH

#soup

Curry soup with soy meat, vegetables, and coconut milk (5, 6, 8, 9, 12)

#main dishes

Salad with smoked tofu, apples, broccoli, chili and lemon dressing (6, 11, 12)

Baked mushrooms with herb cream

Spaghetti Carbonara sprinkled with mozzarella and parsley (1a, 6, 9)

Chilli with pea protein cubes, beans, coriander, and cumin (9)

Cabbage patties with garlic dip (1a)

#side dishes

Roasted grenaille with onions

Steamed rice

#dessert

Pancakes with fruit preserve (1a, 12)

#### **THURSDAY**

#soup

Curry soup with soy meat, vegetables, and coconut milk (5, 6, 8, 9, 12)

#main dishes

Salad with smoked tofu, apples, broccoli, chili and lemon dressing (6, 11, 12)

Baked mushrooms with herb cream

Spaghetti Carbonara sprinkled with mozzarella and parsley (1a, 6, 9)

Chilli with pea protein cubes, beans, coriander, and cumin (9)

Cabbage patties with garlic dip (1a)

#side dishes

Roasted grenaille with onions

Steamed rice

#dessert

Pancakes with fruit preserve (1a, 12)



## **FRIDAY**

#soup

Curry soup with soy meat, vegetables, and coconut milk (5, 6, 8, 9, 12)

#main dishes

Salad with smoked tofu, apples, broccoli, chili and lemon dressing (6, 11, 12)

Baked mushrooms with herb cream

Spaghetti Carbonara sprinkled with mozzarella and parsley (1a, 6, 9)

Chilli with pea protein cubes, beans, coriander, and cumin (9)

Cabbage patties with garlic dip (1a)

#side dishes

Roasted grenaille with onions

Steamed rice

#dessert

Pancakes with fruit preserve (1a, 12)