

VEGEt Cowork - Eat better meals every day

vegetcowork@eatperfect.cz | +420 739 452 980 | www.perfectcanteen.cz/canteens/veget-cowork

DAILY MENU 28. 4. - 2. 5.

MONDAY

#soup

Spinach cream soup with wild garlic and cream *(9)*

#main dishes

Tikka masala with pea cubes, coriander, chickpea croutons, basmati rice *(5, 9, 11, 12)*

Italian creamy risotto with young peas and asparagus, concassé, nut rawmazán *(8, 9, 12)*

Soy strips in spicy tomato sauce with sautéed vegetables and bramboráky *(1, 6, 9, 12)*

#side dishes

Roasted sprouted peas with marjoram and garlic *(9)*

Cucumber salad with dill and yogurt *(6)*

#dessert

Nougat cream with banana sponge cake *(8)*

TUESDAY

#soup

Spinach cream soup with wild garlic and cream *(9)*

#main dishes

Tikka masala with pea cubes, coriander, chickpea croutons, basmati rice *(5, 9, 11, 12)*

Italian creamy risotto with young peas and asparagus, concassé, nut rawmazán *(8, 9, 12)*

Soy strips in spicy tomato sauce with sautéed vegetables and bramboráky *(1, 6, 9, 12)*

#side dishes

Roasted sprouted peas with marjoram and garlic *(9)*

Cucumber salad with dill and yogurt *(6)*

#dessert

Nougat cream with banana sponge cake *(8)*

WEDNESDAY

#soup

Spinach cream soup with wild garlic and cream *(9)*

#main dishes

Tikka masala with pea cubes, coriander, chickpea croutons, basmati rice *(5, 9, 11, 12)*

Italian creamy risotto with young peas and asparagus, concassé, nut rawmazán *(8, 9, 12)*

Soy strips in spicy tomato sauce with sautéed vegetables and bramboráky *(1, 6, 9, 12)*

#side dishes

Roasted sprouted peas with marjoram and garlic *(9)*

Cucumber salad with dill and yogurt *(6)*

#dessert

Nougat cream with banana sponge cake *(8)*

THURSDAY

Holiday

FRIDAY

Veget closed